

# GENESIS OF PLANET EARTH: The Four-Stage "Water Star" Model

SIF-EDDINE ORAIBI

November 2025

## Abstract

This paper proposes a four-stage model explaining the origin of Earth's massive hydrosphere and the emergence of its continents. The hypothesis posits that the proto-Earth formed as a **"Water Star"** after primary nuclear fusion stalled at light elements. Quantitative modeling showed the **extreme hydrostatic pressure** (estimated  $\approx 1,741$  atm) was critical to stabilizing water in a dense, non-plasma state. Sustained internal thermal activity (estimated **7.2 TW**) drove continuous global evaporation, coupled with **fundamental tectonic uplift**, causing the **recession of the massive ocean** and continental exposure. The resultant drop in hydrostatic pressure facilitated abiogenesis by removing volumetric chemical constraints. Geological evidence from phosphate deposits and *Cyclonema* fossils supports a slow, sustained marine retreat and the proposed sequence of events.

## 1 Introduction

The origin of Earth's abundant surface water and the mechanism for the initial formation and emergence of continental landmasses remain central questions in planetary science. In opposition to conventional models that often rely on **exogenous sources** (comets and meteorites), this hypothesis offers an **endogenous explanation**, linking primordial nuclear processes to the planet's subsequent surface evolution. The primary objective is to present a unified framework explaining the synchronicity between the genesis of the hydrosphere, major tectonic shifts, and the conditions necessary for life.

## 2 Methodology: Quantitative Modeling and Physical Feasibility

The methodology relies on testing the mechanical, thermal, and chemical constraints required to drive the model's core mechanisms, using conservative physical assumptions.

### 2.1 Water Stability under Extreme Pressure (Phase I)

The hydrostatic pressure ( $P$ ) of the massive proto-ocean was calculated, assuming the following conservative values:

- Assumed Ocean Depth ( $h$ ): 15 km(15,000 m)
- Assumed Pressurized Water Density ( $\rho$ ):  $1,200 \text{ kg/m}^3$
- Gravitational Acceleration ( $g$ ):  $9.81 \text{ m/s}^2$

These values were applied in the hydrostatic equation:

$$P_{\text{hydro}} = \rho gh$$

The result is:  $P_{\text{hydro}} \approx 1,741 \text{ atm}$ .

## 2.2 Thermal Energy Budget for Global Evaporation (Phase II)

The minimum continuous thermal power (**P**) required for evaporation was estimated using the following assumed values:

- Mass of water to be evaporated ( $M_{\text{vap}}$ ):  $1 \times 10^{21}$  kg
- Assumed timescale ( $\Delta t$ ):  $10 \times 10^6$  years (converted to seconds)
- Latent Heat of Vaporization ( $L_v$ ):  $2.26 \times 10^6$  J/kg

The required power was calculated using:

$$P = \frac{M_{\text{vap}} \times L_v}{\Delta t} \approx 7.2 \times 10^{12} \text{ W (7.2 TW)}$$

## 2.3 Qualitative Chemical Modeling Analysis (Phase IV)

Complex, volume-sensitive reactions, such as the **polymerization reactions** required for building protein chains and nucleic acids, are **severely inhibited** under extreme pressures (**1,741 atm**). The resultant drop in hydrostatic pressure after marine recession, therefore, serves as an essential **enabling condition** for biological complexity.

## 3 Results: Model Phases and Planetary Evolution

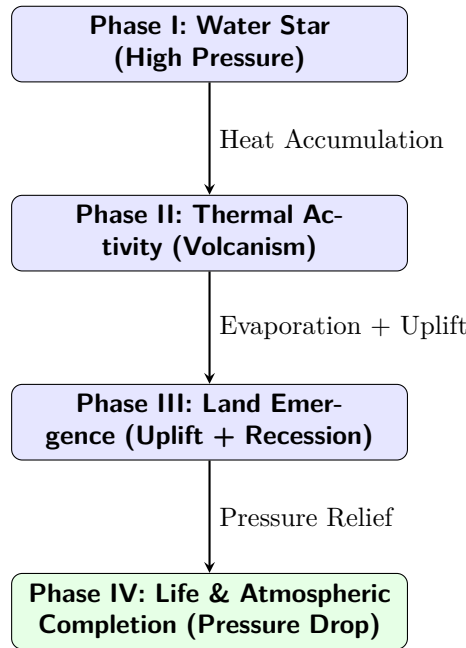


Figure 1: A sequential diagram illustrating the four distinct phases of the "Water Star" model, from initial high-pressure stabilization (Phase I) to the emergence of life (Phase IV).

### 3.1 Phase I: Cosmic Formation of Earth and the High-Pressure Water World

#### 3.1.1 Cosmic Origin of Elements and Stellar Formation

Following the Big Bang model, **Hydrogen (H)** and **Helium (He)** nuclei formed first. Stars coalesced from massive molecular clouds of these elements. When the temperature in the gaseous core reaches approximately 10 million Kelvin, **nuclear fusion** begins, converting hydrogen into helium (the proton-proton chain).

### 3.1.2 Nuclear Fusion and Hydrosphere Genesis

Nuclear fusion continues, forming heavier elements via specific reaction chains:

- **Light Element Synthesis:** Helium fusion (triple-alpha process) begins, forming **Carbon (C)**, and then Oxygen (O). Carbon burning reactions subsequently yield essential heavier elements like **Magnesium (Mg)** and **Silicon (Si)**.
- **Abundance and Stalled Sequence:** Fusion stalls at these light elements due to two factors: high thermal requirements for further fusion, and the massive **formation of water molecules (H<sub>2</sub>O)**. This dense aquatic envelope acted as an **insulating and protective shell**, mitigating core temperature and pressure.

This thermal mitigation prevented fusion completion to the terminal stages, maintaining the object as a **Water Star**.

### 3.1.3 Crust Genesis and the High-Pressure Hydrosphere

The reaction sequence led to the formation of the initial, light-element-rich proto-crust. Heavy metals (e.g., Iron (Fe)) from supernova explosions accreted onto the object. Upon impact with the water body, these metals engaged in reaction sequences with the primary atoms, generating weak heat that completed minor nuclear chains, forming a new layer over the older crust.

- **Planetary Comparison (Mars):** To support the Water Star/Planet hypothesis, we cite Mars. Evidence suggests Mars hosted an early ocean. The formation of planets with oceans as part of their genesis confirms that the mechanism of a proto-Water World is a probable cosmic phenomenon.
- **Dense Hydrosphere and Stability:** Minor nuclear reactions trap heat within the layers. This thermal confinement maintains a high-temperature core, allowing the planet to sustain the rotational velocity necessary to resist collapse under its own gravity. Consequently, the planet is covered by a massive, dense hydrosphere from all directions.

**Conclusion:** By the end of Phase I, we have a **completely submerged Water World**: beneath the surface lies a proto-crust, and the hydrosphere acts as a protective shell bearing **immense pressure** due to its volume, and supporting the object's internal rotational stability.

## 3.2 Phase II: Thermal Activity and Proto-Atmosphere Formation

### 3.2.1 Genesis of Volcanoes and Crustal Fractures

We know from Phase I that the proto-crust attempts to contain the planet's internal pressure. However, due to the heat generated by **weak nuclear reactions**, fractures appear in the crust. We also know that hot minerals and heat exist between the crust layers.

- This heat created pressure on the initial crust, leading to fractures.
- These fractures extended to the crust surface, **creating volcanoes**.
- These volcanoes were characterized by **high temperatures** and intense **activity**.

### 3.2.2 Gas Production and Proto-Atmosphere Formation

This intensive volcanic activity contributed to gas production and atmosphere formation:

- **Crustal Gases:** Volcanic activity contributed to the formation of **Carbon Dioxide (CO<sub>2</sub>)** and **Nitrogen (N<sub>2</sub>)** gas. Given the high number of volcanoes, these elements were produced in large quantities.
- **Evaporation Factors:** While nuclear reactions alone drove evaporation in Phase I, two essential elements now contribute to massive water evaporation: **Active Volcanoes** and the ongoing **Weak Nuclear Reactions**.
- **Proto-Atmosphere:** This intense heating and evaporation led to the **release of a massive quantity of water vapor**. This vapor constitutes the first true, yet **incomplete**, atmosphere of the Water Star. This envelope became an essential part of the planet's protection.

### 3.3 Phase III: Massive Ocean Recession, Synchronous Tectonic Uplift, and Continental Emergence

The emergence of land resulted from the crucial confluence and synchronization of two fundamental, mutually reinforcing factors: fundamental tectonic uplift and global water level recession.

#### 3.3.1 Mechanisms of Global Water Level Recession

- **Continuous Evaporation:** The sustained massive evaporation of water over millions of years, driven by intensive volcanic activity and the weak nuclear reactions trapped within the planet.
- **Earth's Rotation and Astronomical Cycle:** The Earth's rotation around its orbit and the formed star influenced the unequal distribution of heat and humidity, affecting ocean currents, which, in turn, impacted the regional evaporation rate.
- **Freezing Factors:** Climatic conditions and rotation led to water freezing at the poles, sequestering significant quantities of liquid water out of the global water cycle.
- **Level Drop:** The combination of these causes (evaporation and freezing) led to a significant drop in the global sea level.

#### 3.3.2 Coincident Emergence of the Proto-Continent

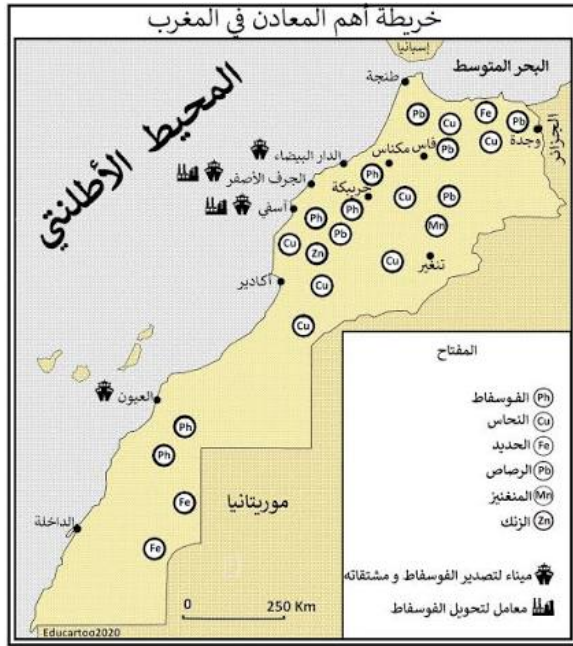
The emergence of land resulted from the crucial confluence and synchronization of two fundamental factors:

- **Fundamental Tectonic Uplift:** Deep fractures in the crust (resulting from internal thermal pressure) stimulated the movement of proto-plates, leading to the continuous tectonic uplift of crustal segments.
- **Mechanism of Emergence:** The synchronization of tectonic uplift and water recession led to the effective exposure of the highest-elevated region of the submerged crust, thus becoming the first landmass (the Proto-Continent).

#### 3.3.3 Applied Evidence and Subsequent Phenomena

Subsequent geological and biological phenomena provide strong evidence for the impact of water recession on continental genesis:

- **Phosphate Evidence:** Phosphates are marine sediments that form in shallow, organic-rich seas along continental shelf margins. Phosphate areas in Morocco (e.g., Khouribga and Ben Guerir) indicate they were the floor of a shallow sea during the Cretaceous–Eocene era. This demonstrates that tectonic uplift was accompanied by a significant retreat of the ocean waters, leading to the elevation and exposure of these critical layers.
- **Formation of Inland Water Bodies:** In lower elevation areas (depressed topography on the same uplifted tectonic plate), the combined effect did not lead to complete desiccation. Instead, these depressions retained residual water, forming lakes or inland water bodies.
- **Contemporary Observations and Implications:** Modern science confirms this principle, as the melting of the poles will lead to increased water levels and the sinking and disappearance of coastal areas and parts of islands. This, conversely, demonstrates that the sea has been receding over millions of years to expose land.
- **Geological Evidence (Phosphates):** The presence of inland **phosphate deposits** confirms the gradual and synchronous nature of the exposure, as these sediments form exclusively on continental shelf edges that were simultaneously uplifted and uncovered by the receding ocean.



(a) Map showing phosphate distribution in Morocco (Khouribga/Ben Guerir regions).



(b) Photograph illustrating the scale of mining or the visible sedimentary layers.

Figure 2: Geological evidence supporting Phase III. (a) Distribution map of phosphate zones in Morocco, **notably concentrated near existing coastal regions, implying their formation on ancient continental shelves**; and (b) Photograph illustrating the scale of mining or visible sedimentary layers.

### 3.4 Phase IV: Pressure Drop, Emergence of Life, and Atmospheric Completion

#### 3.4.1 Pressure Drop and Thermal Reaction Stalling

- **Thermal Stalling:** The emergence of land and the drop in water level led to the **near-complete stalling of the nuclear reaction chain** previously confined underwater. Thus, the reaction sequence was characterized as **Stalled**.
- **Pressure and Temperature Drop:** This resulted in a general decrease in temperature and a drop in pressure, as the nuclear reactions had virtually ceased.
- **Environmental Change:** The pressure drop created more stable conditions, allowing the occurrence of the **complex chemical reactions** necessary for the initiation of life.

#### 3.4.2 Genesis of Life and Biotic Contribution

- **Proto-Organism Genesis:** Chemical stability permitted the emergence of living organisms, particularly **bacteria and single-celled organisms**.
- **Oxygen Generation:** These new organisms, such as **Cyanobacteria**, initiated the process of **Photosynthesis**, producing large quantities of oxygen.
- **Atmospheric Completion:** Reactions from Phases II and III, combined with this biotic contribution, led to the **completion of the atmosphere**. It was gradually converted over years into its present-day **oxidized state**.
- **New Protective Role:** Following the recession/disappearance of the aquatic envelope, the **atmosphere** began to assume the crucial protective role. At this point, life began and complex organisms appeared, marking the full formation of Planet Earth.

### 3.4.3 Geological and Fossil Evidence of Resultant Stability (Beni Khalef Discovery)

The model offers an explanation for the existence of subsequent continental-marine sedimentary layers. For instance, the discovery of **three marine gastropod fossils** (likely of the genus *Cyclonema*) within **limestone** strata at a depth ranging from **30 to 70 meters** in the **Beni Khalef area, Mohammedia, Morocco**, provides strong evidence:

- **Evidence of Successful Emergence:** These fossils date back to the **Ordovician period** (approximately 440 million years ago). Their presence within a deep layer indicates the **successful emergence of the Earth's crust** (Phase III).
- **Evidence of Slow Recession:** This location attests that the ocean **did not retreat completely** during tectonic uplift but was **receding over millions of years**. The slow recession explains the presence of these fossils approximately **8 to 12 km** from the current coastline, indicating the sea slowly retreated over millennia, and islands or coastal cities appeared gradually after the continents emerged.



(a) *Cyclonema* Specimen A (Main view).



(b) *Cyclonema* Specimen B (In rock matrix).



(c) *Cyclonema* Specimen C (Different angle/view).



(d) *Cyclonema* Specimen D (Contextual sample).

Figure 3: Paleontological evidence supporting Phase IV stability. Four specimens of the gastropod *Cyclonema* discovered within Ordovician limestone strata in Morocco, confirming the rapid flourishing of complex marine life post-pressure relief.

- **Biological Evidence (*Cyclonema* Fossils):** The discovery of marine gastropod fossils (*Cyclonema*) in Ordovician layers in Morocco (Beni Khalef) indicates that the new, post-recession environment was suitable for complex marine life.
- **Atmospheric Completion:** Biotic contributions, primarily from **Cyanobacteria** and photosynthesis, completed the atmosphere's transition into its present-day **oxidized state**.

## 4 Discussion: Physical, Chemical Implications, and Model Integration

### 4.1 Cosmic Modeling and Solar System Formation

Based on the cosmic and planetary interactions described in this model, the proto-Universe comprised several distinct, separated clouds. The largest, densest cloud, richest in vast quantities of hydrogen, formed the Sun. The Sun formed faster than the other planets due to the high velocity of its nuclear reactions, which resulted from the immense hydrogen abundance. This observation affirms the correlation between the abundance of primary elements and the rate of formation and stability in large cosmic bodies.

### 4.2 Integration with Conventional Geological Evidence

The model provides a unified explanation for three previously unconnected phenomena: the endogenous formation of the hydrosphere, the mechanism of crustal tectonic uplift, and the necessary conditions for abiogenesis. The preserved fossil evidence (such as *Cyclonema* and phosphate deposits) substantiates that the emergence of continents was a process of **slow, sustained marine recession** synchronized with tectonic uplift, rather than a single catastrophic event.

### 4.3 Overcoming the Biochemical Constraint

The profound importance of the **hydrostatic pressure relief** mechanism is highlighted in this model. Physical modeling showed the initial pressure (**1,741 atm**) was sufficient to **inhibit** volume-sensitive reactions (polymerization). Thus, the mere presence of water was insufficient for life; rather, the **absence of immense pressure** was the enabling condition for the biochemical complexity that initiated life in Phase IV.

## 5 Conclusion

This paper proposes the "Water Star" model as a unified framework explaining the origin of the abundant hydrosphere and the gradual emergence of continents. Quantitative modeling demonstrated that the extreme hydrostatic pressure (**1,741 atm**) was critical for stabilizing water and preventing plasma formation in the initial stages. The synergistic mechanism of sustained marine recession (thermally driven by **7.2 TW**) and tectonic uplift led to the exposure of the landmass. Crucially, the resultant pressure drop served as the necessary **enabling condition** to overcome volumetric chemical constraints and initiate abiogenesis. Subsequent geological and fossil evidence, particularly in Morocco, substantiates the slow recession scenario, supporting the proposed sequence of events for Earth's formation.